

Porridge a la Felicity Cloake for 45

Ingredients

- 1.5kg oatmeal
- 3L Oatly (Mornflake oats needed 3.75l)
- 1.5L water
- 19g / 3 tsp salt
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Serve with:

- 350g demerara sugar (roughly)
- 2 bottles of maple syrup
- Cold milk

Method

1. Toast the oats over a medium high heat, stirring frequently, until fragrant (5 minutes?).
2. Add the Oatly and water, bring to the boil slowly, stirring frequently with the handle of a wooden spoon.
3. Turn down the heat and simmer for about 5 minutes. Add the salt, then simmer for another 5 minutes or until the consistency is right. Stir throughout!
4. The porridge will then benefit from sitting undisturbed for 15 minutes, however there may be hungry people by this point.

Gluten Free Porridge

Also make 6 portions using gluten free oats:

240g oat flakes - toasted if you can

600ml water

600ml Oatly

Pinch salt

Stir in a small pan until a good consistency.